SLIGO GRAMMAR SCHOOL EXTRA CURRICULAR PROGRAMME 2025/2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st YEAR/2ND YEAR HOCKEY	SENIOR/U16 HOCKEY	1SY YEAR/2 ND YEAR HOCKEY	U16/SENIOR HOCKEY	ROWING
16.00-17. 30	15.25-17.15	16.00-17.30	15.25-17.15	15.20-16.20
ASTRO PITCH	ASTRO PITCH	ASTRO PITCH ASTRO PITCH		OLD GYM
S.COLACAO/G.O NEILL	S.COLACAO/ G. O NEILL	S.COLACAO/G.O NEILL	S.COLACAO/G.O NEILL	R. IVERS
GYM HOCKEY	BEGINNERS KAYAKING	BOYS BASKETBALL	EXPERIENCED KAYAKING	BADMINTON
16.30-17.45	15.30-16.30	SENIOR/JUNIOR BOYS	15.30-16.30	15.20-16.20
WEIGHTS ROOM	T.CRADOCK/J.BARRETT	16.00-17.00	T.CRADOCK/J.BARRETT	SPORTS HALL
P. HENRY		N. O MALLEY		G MC MULLEN/ T.CRADOCK
U14 RUGBY	JCT RUGBY	SCT RUGBY	U14 RUGBY	CHRISTIAN UNION
16.00-17.15	15.20-16.45	16.00-17.30	15.20-16.20	15.20-16.20
SCHOOL PITCH	SCHOOL PITCH	SCHOOL PITCH	SCHOOL PITCH/FORTHILL	LIBRARY
S. WHITE	S.GALVIN/J.STAUNTON	W. MACAULAY	S.WHITE	P.BAMBER
SCT RUGBY	SCT GYM	GIRLS RUGBY SENIOR	JCT RUGBY	
16.00-17.30	15.30-17.30	16.15-17.15	15.20-16.45	
SCHOOL PITCH	WEIGHTS ROOM	FORTHILL/ SCHOOL	SCHOOL PITCH	
W. MACAULAY	W. MACAULAY	T.POWER	S. GALVIN/J. STAUNTON	
VOLLEYBALL GIRLS	PICJKLEBALL ALL YEARS	JCT RUGBY GYM	GIRLS RUGBY JUNIOR	
JUNIOR 13.10-13.50	13.10-13.50 SPORTS HALL	16.00-17.45 WEIGHTS ROOM	15.30-16.30	
SPORTSHALL	E. TANSEY	P. HENRY	FORTHILL/SCHOOL T.POWER	
W. MACAULAY	E. TANSET	P. HEINKT	1.FOWER	
U14 GIRLS RUGBY GYM	CHOIR	PICKLEBALL STAFF	CHOIR	
16.10-16.50	15.15-15.50	13.10-13.50	15.15-15.50	
WEIGHTS ROOM	LIBRARY	SPORTS HALL	LIBRARY	
P.HENRY	R. MITCHELL	E. TANSEY	R.MITCHELL	
JUNIOR GIRLS RUGBY	ART CLUB	LANGUAGE CLUB	GIRLS RUGBY U14	
GYM	15.10-16.10	LINGO LUNCH	15.30-16.30	
16.50-17.20	ART ROOM	13.10-13.50	FORTHILL/SCHOOL	
WEIGHTS ROOM	L. MAC GOWAN	ROOM 23	T.POWER	
P.HNERY		M. MARTIN		
SENIOR GIRLS RUGBY	PHOTOGRAPHY CLUB		DUNGEONS AND	
GYM	15.20-16.20		DRAGONS	
16.50-17.20	ROOM 13		15.10-16.10	
WEIGHTS ROOM	E. O DWYER		ROOM 22	
P. HENRY			J. TIERNAN	
PUBLIC	GIRLS BASKETBALL			
SPEAKING/DEBATING	15.20-16.20			
16.00-17.00	SPORTS HALL			
LIBRARY	S.WHITE/R.HARNEY			
J.CALDWELL				
	CHRISTIAN UNION			
	1.10-1.50			
	CABIN			
	P.BAMBER			
CODE				

CODE

	HOCKEY	PICKLEBALL
	RUGBY	BADMINTON
	KAYAKING	ART CLUB
	CHOIR	BASKETBALL
	ROWING	VOLLEYBALL
	PUBLIC SPEAKING/DEBATING	DUNGEONS AND DRAGONS
_	PHOTOGRAPHY CLUB	LANGUAGE CLUB/LINGO LUNCH
	CHRISTIAN UNION	