SLIGO GRAMMAR SCHOOL EXTRA CURRICULAR PROGRAMME 2023/2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SENIOR/U16 HOCKEY	FIRST YEAR/U15	SENIOR/U16 HOCKEY	FIRST YEAR/U15	ROWING
16.00-17. 30	HOCKEY	16.00-17.30	HOCKEY	15.20-16.20
ASTRO PITCH	15.15-16.45	ASTRO PITCH	15.15-16.45	OLD GYM
S.COLACAO/G.O NEILL	ASTRO PITCH	COACH TBC	ASTRO PITCH	RI
	S.COLACAO/ G. O NEILL	S.COLACAO/G.O NEILL	S.COLACAO/G.O NEILL	
U14 RUGBY	JCT RUGBY	U14 RUGBY	JCT RUGBY	BADMINTON
16.00-17.00	15.30-16.40	16.00-17.00	15.30-16.40	15.20-16.20
SCHOOL PITCH	SCHOOL PITCH	SCHOOL PITCH	SCHOOL PITCH	SPORTSHALL
S.GALVIN/DC	JS/GF/S.TAYLOR	S.GALVIN/DC	JS/GF/S.TAYLOR	G MC M/TC
SCT RUGBY GYM	BEGINNERS	SCT RUGBY GYM	SCT RUGBY	RUGBY OPEN GYM
07.20AM	KAYAKING	16.00-17.00	15.30-16.45	07.30-08.30
WEIGHTS ROOM	15.30-16.45	WEIGHTS ROOM	SCHOOL PITCH	WEIGHTS ROOM
S.TAYLOR	TC/J.BARRETT	S.TAYLOR	GF/JS/S.TAYLOR	S.TAYLOR
Similar	10,315,1111.	Similar	3.735/3.17112311	Similaria
SCT RUGBY	CODING	GIRLS RUGBY SENIOR/JUNIOR	EXPERIENCED	
16.15-17.15	VENUE TBC	16.00-17.00	KAYAKING	
SCHOOL PITCH	15.15-16.15	PITCH	15.30-16.45	
GF/JG/JS/S.TAYLOR	K. MC MANUS	S.HUNTER	TC/J.BARRETT	
JCT RUGBY GYM	BOYS BASKETBALL U16/U19	GIRLS BASKETBALL	GIRLS ACTIVE	
16.00-17.00	15.30-17.00	FIRST YEAR , SECOND YEAR AND	15.15-16.15	
WEIGHTS ROOM	SPORTSHALL	U16	SPORTSHALL	
S.TAYLOR	EM	16.10-17.10	C MC G	
		SPORTSHALL		
		EM		
GIRLS RUGBY	CHRISTIAN UNION	DRAMA	CHRISTIAN UNION	
SENIOR/JUNIOR	CABIN	16.00-17.00	CABIN	
16.15-17.15	13.10-13.50	LIBRARY	13.10-13.50	
PITCH	REV.B	RD	REV.B	
S.HUNTER				
DUNGEONS AND DRAGONS	CHOIR	CONFIRMATION PREP	CHOIR	
15.50-16.50	15.15-16.15	CHURCH OF IRELAND	15.15-16.15	
LIBRARY	ROOM 7	RECTORY	ROOM 7	
JT	JC/RM	REV. BAMBER	JC/RM	
BOYS BASKETBALL			DEBATING	
FIRST AND SECOND YEAR			15.20-16.20	
16.10-17.10			LIBRARY	
SPORTSHALL			NC	
EM				

CODE

HOCKEY
RUGBY
KAYAKING
DUNGEONS AND DRAGONS
DRAMA
GIRLS ACTIVE
ATHLETICS- SUMMER TERM X 2 DAYS TBC (JS/S.TAYLOR)
ROWING
BASKETBALL
CHRISTIAN UNION
CODING
CHESS-DAYES TBC (F.WHITE) ,11A CLASSROOM
BADMINTON
CONFIRMATION PREP
CHOIR
DEBATING